



FOD 1 - Performing comprehensive geriatric assessments (CGA)

Key Features

- This EPA focuses on all components of the CGA, including analyzing and synthesizing diagnoses for common geriatric syndromes
- This EPA also includes incorporating medical and interprofessional team input, comprehensive care planning, awareness of community services, living environments and programs, and managing transitions of care, managing goals of care, discharge planning, and rehabilitation potential

Assessment Plan

Direct observation or case review by supervisor

Case presentation

- cognitive impairment; mood disorders; functional impairment/decline; frailty/multicomplexity; mobility/falls/gait disorders; bone health; orthostatic hypotension; dizziness; sarcopenia and deconditioning; incontinence; weight loss and optimal nutrition; optimal prescribing; pressure ulcers/injuries; driving safety awareness

Setting

- inpatient; outpatient

Collect 5 observations of achievement

- At least 3 different case presentations
- At least 1 direct observation using a CGA STACER - At least 1 inpatient
- At least 1 outpatient
- At least 2 assessors

CanMEDS Milestones:

- **ME 1.4 Identify, diagnose, and address common geriatric syndromes**
- ME 1.3 Apply knowledge of clinical pharmacology as it pertains to drug prescribing in common geriatric syndromes
- ME 1.3 Apply knowledge of optimal nutrition as it pertains to older adult patients
- ME 1.3 Apply knowledge of driving safety awareness as it pertains to older adult patients
- **ME 2.2 Elicit an accurate, relevant, and comprehensive history, including the components of a comprehensive geriatric assessment such as function and nutrition**
- ME 2.2 Perform a physical examination at the level of a geriatrician that informs the diagnosis, including screening for vision, hearing, gait, and balance
- ME 2.2 Perform a mental status assessment, including the use of recognized cognitive/mental screening tools
- COM 2.3 Seek and synthesize relevant information from other sources, including the patient's family, with the patient's consent
- ME 2.2 Develop a specific differential diagnosis relevant to the patient's presentation
- ME 2.2 Synthesize patient information, incorporating caregiver and interprofessional team input, to determine a diagnosis
- ME 2.4 Develop a preliminary management plan
- ME 2.3 Establish goals of care that take into consideration the level of caregiver stress when applicable

- **ME 4.1 Develop and prioritize well-defined questions to be addressed with a medical and interprofessional team**
- **ME 5.2** Reconcile current and prior medication lists to enhance patient safety
- **COM 5.1 Document clinical encounters to convey clinical reasoning and the rationale for decisions**
- **COM 5.1** Document information about patients and their medical conditions in a manner that enhances interprofessional care
- **COL 1.2** Consult as needed with other health care professionals, including other physicians
- **COL 1.3 Communicate effectively with physicians and other health care professionals**